

2016 ICF Canoe Sprint World Cup, Montemor

MC2 1000m

H2

04 JUN 2016

Race 59

RACE DATA

Dist. [m]			USA		POL		GER		KOR		ESP		UKR					
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
990			3.2	66	3.3	80												
980			3.5	62	4.4	79	1.1	77	0.8	64	0.8	64	0.7	60				
970			3.5	54	4.9	78	1.7	77	1.5	64	1.5	64	1.5	60				
960			3.5	48	4.8	78	2.2	77	2.2	64	2.2	64	2.3	60				
950			3.6	47	5.0	76	2.9	77	3.2	64	2.9	63	2.8	60				
940			3.5	45	4.7	75	4.3	75	4.4	63	3.2	63	3.1	60				
930			3.5	43	4.9	74	4.8	74	4.4	62	3.4	63	3.2	60				
920			3.4	43	4.8	72	4.6	71	4.6	62	3.5	63	3.4	60				
910			3.4	41	4.4	70	4.7	68	4.8	60	3.9	63	3.9	60				
900			3.3	41	4.5	66	4.8	65	4.8	59	4.2	63	4.1	60				
890			3.2	39	4.6	64	4.7	64	4.7	58	4.2	63	4.2	59				
880			3.1	38	4.6	62	4.5	64	4.7	58	4.6	62	4.2	58				
870			3.1	38	4.6	60	4.6	63	4.5	58	4.4	61	4.4	58				
860			3.1	38	4.3	58	4.6	63	4.4	58	4.3	60	4.4	57				
850			2.9	39	4.2	57	4.4	61	4.2	58	4.4	60	4.5	56				
840			2.8	38	4.1	57	4.4	61	4.2	57	4.6	59	4.5	56				
830			2.9	38	4.3	56	4.5	61	4.5	57	4.6	59	4.3	56				
820			2.9	37	4.4	56	4.4	61	4.5	56	4.3	59	4.1	55				
810			2.9	36	4.4	56	4.1	60	4.5	56	4.2	59	4.1	55				
800			2.9	38	4.5	55	4.3	60	4.6	56	4.3	59	4.0	55				
790			2.9	38	4.6	55	4.4	60	4.6	56	4.5	59	4.3	55				
780			3.0	37	4.6	55	4.3	60	4.6	55	4.4	59	4.2	55				
770			2.8	37	4.6	55	4.2	60	4.5	55	4.1	59	4.4	55				
760			2.9	38	4.6	55	4.4	60	4.5	55	4.2	59	4.4	54				
750			2.9	38	4.5	55	4.4	59	4.5	55	4.3	59	4.3	54				
740			2.9	38	4.5	55	4.3	59	4.5	55	4.5	58	4.1	53				
730			2.9	38	4.4	54	4.2	59	4.5	55	4.2	58	3.9	54				
720			2.7	36	4.3	54	4.3	59	4.4	54	4.1	58	3.9	54				
710			2.8	37	4.1	54	4.4	58	4.3	54	4.3	58	3.9	54				
700			2.8	37	4.2	54	4.3	58	4.3	53	4.3	57	4.1	54				
690			2.9	36	4.1	54	4.1	57	4.1	53	4.3	57	4.3	54				
680			2.9	37	4.0	54	4.1	56	4.0	53	4.0	57	4.3	54				
670			3.0	37	4.1	54	4.2	56	4.0	52	4.1	57	4.2	54				
660			3.4	39	4.1	54	4.3	56	4.0	52	4.2	57	4.0	54				
650			3.7	41	4.1	54	4.2	56	4.1	52	4.3	57	3.9	54				
640			3.5	42	4.2	52	4.0	56	4.2	52	3.9	57	4.2	54				
630			3.3	37	4.1	52	4.2	57	4.3	52	4.0	56	4.3	55				
620			3.2	37	4.3	52	4.3	58	4.3	53	4.3	56	4.3	55				
610			3.2	37	4.2	52	4.2	58	4.4	53	4.3	56	4.4	55				
600			3.3	37	4.3	52	4.2	57	4.4	54	4.3	56	4.3	54				
590			3.3	37	4.2	52	4.2	57	4.4	54	4.0	56	4.1	54				
580			3.1	37	4.2	52	4.4	57	4.4	54	4.1	56	3.9	53				
570			3.1	37	4.0	51	4.4	57	4.3	54	4.2	56	3.9	53				
560			3.2	37	3.9	51	4.2	56	4.2	53	4.3	56	4.0	53				

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550			3.2	38	3.9	51	4.0	56	4.2	52	4.1	56	4.1	53				
540			3.1	39	3.9	50	4.2	56	4.1	52	3.9	56	4.2	53				
530			3.2	39	4.4	50	4.3	57	3.9	52	4.0	56	4.2	53				
520			3.2	38	4.1	50	4.1	57	4.1	53	4.2	56	3.9	53				
510			3.3	38	4.4	50	4.0	57	4.2	53	4.1	56	4.0	54				
500			3.4	39	4.1	49	4.3	57	4.2	53	3.9	56	4.3	54				
490			3.5	40	4.4	50	4.4	57	4.3	53	4.3	56	4.2	55				
480			3.3	40	4.4	50	4.5	57	4.3	54	4.4	57	4.1	55				
470			3.2	39	4.3	51	4.2	57	4.2	54	4.2	57	4.0	55				
460			3.3	38	4.4	52	4.2	57	4.1	54	4.0	57	3.9	55				
450			3.2	39	4.0	52	4.3	57	3.9	54	4.3	57	4.2	55				
440			3.0	37	4.0	52	4.1	57	3.9	54	4.4	57	4.3	55				
430			2.9	37	3.9	52	4.0	57	4.0	53	4.2	57	4.2	55				
420			2.8	37	3.9	51	4.2	57	4.1	53	4.0	57	4.0	56				
410			2.8	37	3.8	51	4.3	57	4.1	53	4.3	57	4.3	57				
400			2.7	38	3.9	51	4.0	57	4.0	53	4.4	57	4.3	57				
390			2.8	36	4.0	52	4.1	57	3.9	53	4.0	57	4.3	57				
380			2.8	36	4.0	52	4.3	57	3.8	53	4.2	58	4.0	57				
370			2.8	37	4.3	52	4.1	57	4.0	53	4.3	58	4.3	57				
360			2.8	36	4.1	52	3.9	57	4.1	52	4.3	58	4.3	57				
350			2.9	36	4.1	52	4.1	57	4.1	52	4.0	57	4.2	57				
340			2.7	36	4.1	52	4.0	57	3.9	52	4.3	59	3.8	57				
330			2.8	37	4.1	52	3.8	57	3.7	52	4.2	59	4.0	57				
320			2.9	37	4.1	52	4.0	57	3.8	52	3.9	58	4.0	56				
310			3.3	40	3.8	52	3.9	57	3.9	52	4.0	57	3.8	55				
300			3.7	51	3.7	51	3.8	57	3.8	51	4.0	57	4.0	55				
290			4.1	55	4.0	51	4.0	56	3.5	51	3.8	57	3.9	55				
280			4.4	56	4.0	51	3.9	56	3.5	51	4.1	57	3.6	55				
270			4.3	55	3.9	51	3.9	56	3.4	50	4.0	57	3.8	55				
260			4.2	52	4.1	50	3.8	56	3.2	46	3.8	57	3.6	54				
250			4.3	51	4.0	50	3.8	58	2.8	46	4.1	57	3.7	53				
240			4.2	52	3.8	50	3.9	57	2.9	45	3.9	57	3.7	53				
230			3.7	50	3.5	49	3.6	57	2.8	44	4.0	56	3.3	52				
220			3.3	43	3.6	49	3.9	56	2.6	45	4.1	56	3.0	50				
210			3.2	39	3.7	49	3.7	55	2.7	44	3.7	56	3.2	42				
200			3.3	38	3.7	48	3.9	55	2.5	44	3.9	56	3.2	42				
190			3.1	38	3.8	48	3.8	56	2.4	43	3.9	56	2.7	42				
180			2.9	38	3.9	48	3.7	55	2.3	44	3.7	56	3.1	41				
170			3.1	39	3.8	48	3.7	55	2.3	42	4.0	56	3.2	41				
160			3.0	40	3.6	47	3.5	54	2.5	42	3.8	56	3.1	42				
150			2.9	39	3.2	44	3.4	54	2.4	46	3.6	54	2.8	42				
140			3.0	39	3.1	44	3.4	53	2.5	45	3.8	54	3.1	43				
130			3.2	39	3.2	44	3.1	52	2.4	42	3.6	52	3.2	43				
120			3.2	39	3.4	44	3.3	51	2.5	42	3.3	51	2.9	42				

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110			3.0	39	3.4	44	3.2	51	2.5	43	3.6	50	3.0	42				
100			3.2	39	3.0	44	3.3	51	2.4	44	3.5	50	3.2	41				
90			3.3	39	3.1	44	3.2	50	2.5	44	3.2	49	3.2	42				
80			3.5	39	3.2	43	2.9	51	2.6	44	3.5	49	2.8	43				
70			3.2	39	2.9	42	3.1	50	2.6	44	3.3	48	3.0	43				
60					2.7	42	2.9	48	2.8	45	2.9	46	3.3	42				
50					2.7	40	2.7	45	2.7	47	3.0	44	3.3	41				
40					2.7	42	2.7	44	2.6	47	2.9	42	3.3	43				
30					2.5	44	2.6	45	2.6	45	2.8	41	3.2	45				
20					2.1	37	2.2	44	2.6	44	3.1	42	3.8	47				
10					2.2	39	2.0	39	2.7	46	2.9	41	4.5	68				
0					2.2	44	2.5	43	2.7	44	2.6	40	4.7	78				