



ICF JUNIOR & U23 CANOE SPRINT
WORLD CHAMPIONSHIPS 25



Montemor-o-Velho
PORTUGAL

Bulletin nr1
January 2025





INDEX

03 INTRODUCTION

- Official Invitation
- The city
- Venue
- Weather
- How to get there

08 COMPETITION INFORMATION

- Dates and schedule
- Events

09 ORGANISING COMMITTEE

- Venue Layout
- Sport Facilities
- Parking
- Team Quarters

13 DEADLINES, ENTRIES and REGISTRATION

14 PARTICIPATION FEE

- Participation Fee and what is included

15 LODGING OPTIONS

- Accommodation and Prices
- Catering
- Terms of Payment
- Transport Services

19 GENERAL INFORMATION

- Boat Rental Options
- Training Camps
- Security System
- Anti-doping control
- Visa Information
- others

Official Invitation

Portuguese Canoe federation

Welcome back to the Montemor-o-Velho High-Performance Centre! The Portuguese Canoe Federation is delighted to host you for the 3rd time at the ICF Junior & U23 Canoe Sprint World Championships.

Our team is fully committed to delivering an exceptional event for all the teams traveling to Portugal to compete for the 2025 World Titles in the Juniors and Under 23 categories.

Renowned for our outstanding organization, we are determined to uphold this reputation once again this year. While we recognize the challenges ahead, we are confident that everything will be ready to provide an unforgettable championship experience for over 60 nations worldwide.

As the main local organizer of these World Championships, the Portuguese Canoe Federation is proud to promise you an experience to cherish. Together, let's make history!

Ricardo Machado
President of the Portuguese
Canoe Federation



City Hall of Montemor-o-Velho

It is a great honor and an enormous privilege for Montemor-o-Velho to host the Junior & U23 World Championships. We are confident that our National Nautical Centre provides the perfect stage for young athletes to make history once again. Montemor-o-Velho warmly welcomes all paddlers, with a strong commitment to ensure an exceptional and safe event for everyone involved. With outstanding natural, environmental, cultural and sporting conditions, Montemor-o-Velho offers state-of-the-art facilities and technology at the service of athletes, enthusiasts and canoeing fans. Our 900-year-long history, breathtaking natural landscapes, 300 sunny days a year, delightful gastronomy and the blue waters of the Mondego River create a special charm and a unique atmosphere that will dazzle everyone. We are confident that Montemor-o-Velho will once again surprise and inspire you! Be bold, embrace the challenge, and make this event unforgettable for all!

Emílio Augusto Ferreira Torrão
Mayor of Montemor-o-Velho



Montemor-o-Velho

The Championships will take place in Montemor-o-Velho, Portugal



Montemor-o-Velho lays between the main cities of Coimbra and Figueira da Foz.

Montemor-o-Velho (Portuguese pronunciation) is a town and municipality of the Coimbra district, in Portugal. It has roughly 30,000 inhabitants.

Montemor-o-Velho, which was once a land of farmers, is now facing the tertiary sector activities, partly due to the installation of governments offices, financial institutions and services; such as small traders. The industry is represented by several manufacturing plants of small and medium size.

Agriculture continues to have great importance. People grow maize and rice using increasingly modern processes. The existence of a Vocational Agricultural School, together with the Cooperative and the services of the Agricultural Zone DRABL, contribute to technical expertise that improves the productivity of the fields.

The city of Montemor-o-Velho is the co-organizer of the ICF Junior & Under 23 Canoe Sprint World Championships 2025, in partnership with the Portuguese Canoe Federation.



Venue

This Championships will be held at Montemor-o-Velho High Performance centre, located in the village of Montemor-o-Velho and the only Canoe Sprint Olympic course in the country.



The Centre for High Performance Montemor-o-Velho [CAR], stands out for its importance nationwide. It is an anchor project with the capacity to generate synergies and commitment from both the public and the private sector, applying the strategic value of sport in the local development agenda.

This centre has a 2300 meters long and 3m deep main channel, with a side returning channel and also a cooling down channel, becoming the biggest artificial "pool" in the country.

The main building offers:
 16 hangars (24x6m each).
 Restaurant area
 Showers
 Bathrooms
 Gymnasium
 Many polyvalent rooms



Weather

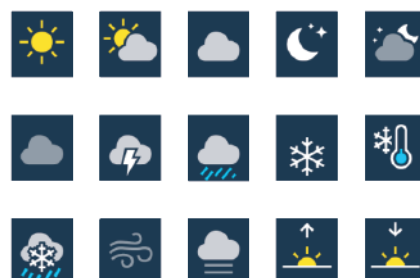
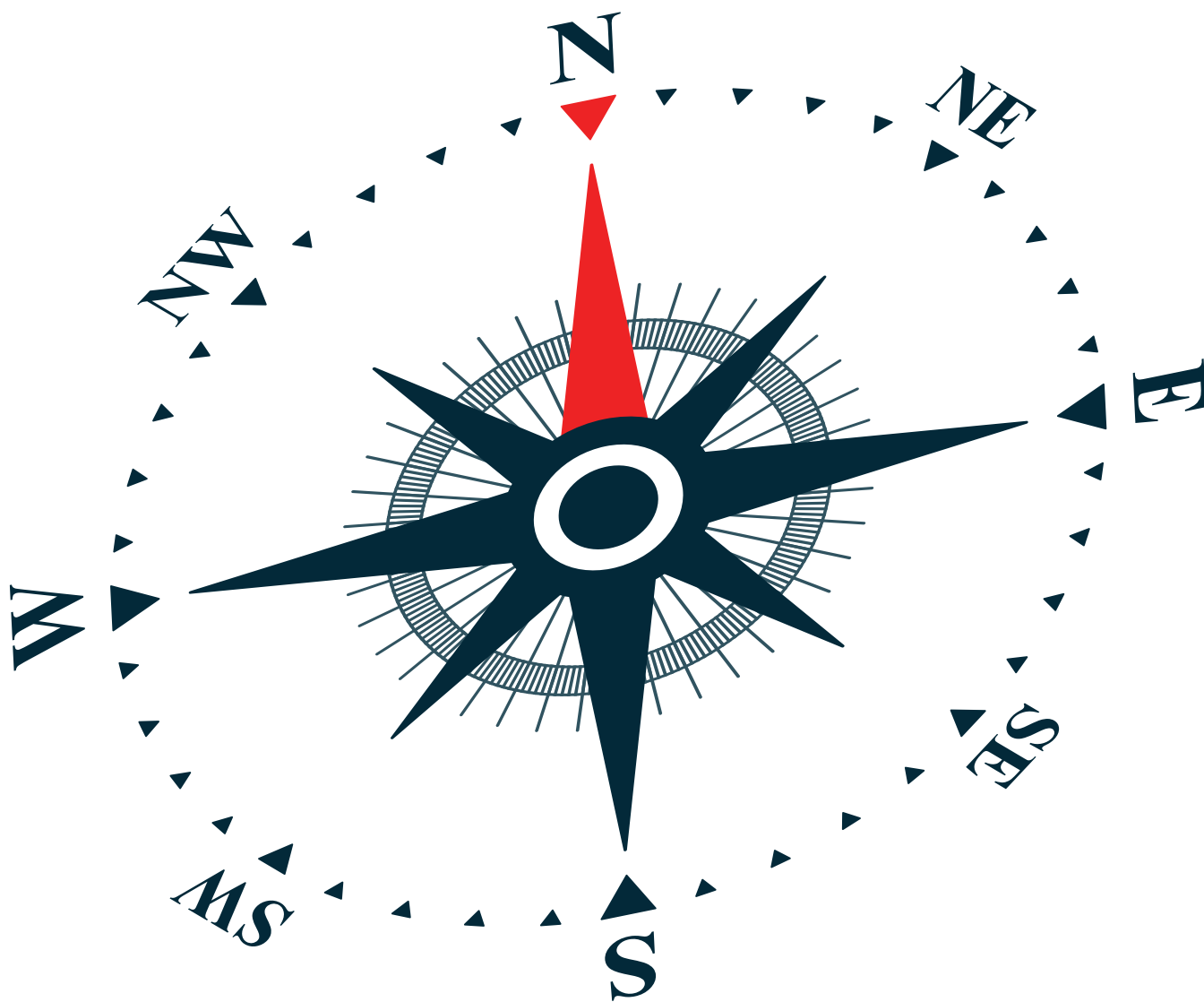
Portugal is known for it's hot and dry weather in summer, special in July and August, with temperatures around 25-30° C.

Montemor-o-Velho being, close to the Ocean, the high temperatures are normally accompanied by a cool breeze during this season.

From the collected data of the last 3 years, considering the week of the event it's fair to say that mostly the wind direction is coming from 270-350° which means NW wind [Almost side to the course].

From this data we also know that the time of the day with more wind is between 13:00 and 17:00.

Wind Speed 4,5m/s
Temperature 22,2C



How to get to Montemor-o-Velho

Montemor-o-Velho is reachable from the north and south of the country by car, taking the A1 Highway and then A14 in direction to Figueira da Foz. The use of A8 and A17 is also possible.

Airports

Getting here by air. Portugal has two major Internationals Airports

Oporto airport: The Francisco Sá Carneiro Airport is located in the heart of the industrial north of the country, 11km from the city of Oporto, making it a privileged access point to this valuable commercial area.

It is less than 150km away from the Venue in Montemor-o-Velho. The travel time by bus is around 1 hour and 30 minutes.



The Lisbon Airport, providing service to the capital of Portugal, is the busiest and most important airport in the country and the principal point of entry for travellers arriving in Portugal. There is a connection to the city centre and interface with Railway Stations by aero shuttle and bus. The train also connects Lisbon to Coimbra and then to Montemor-o-Velho. Both airports receive daily flights from low cost companies like ryanair and easyjet, among others, from all over Europe cities.



Lisbon - Portugal 12:00

Berlin
13:00

Moscow
16:00



The organization will provide airport transfers from Oporto for a fee of 35€ per person, each way.

If your team arrives to Lisbon a fee of 50€ per person will be applied, each way.

Custom prices and solutions may be applied if your team arriving group is smaller than 5 persons.

In case the final travel info of your entire team is not sent to the Organizing Committee until June 21st the cost will increase to 40€ from Porto and to 55€ from Lisbon.

COMPETITION INFORMATION

DATES AND SCHEDULE

The ICF Junior & Under 23 Canoe Sprint World Championships will take place in the week of 21 to 27 of July 2025



Sunday, July 20th

08:00 - 19:00 Arrival of Teams
Access period Begins
Opening of Accreditation

Monday, July 21th

08:00 - 19:00 Arrival of Teams
Accreditation
Unofficial training

Tuesday, July 22th

08:00 - 19:00 Arrival of Teams
Accreditation
Free training
Team Leaders Meeting

Wednesday, July 23th 08:00 - 19:00 Day 1 of competition

Thursday, July 24th 08:00 - 19:00 Day 2 of competition

Friday, July 25th 08:00 - 19:00 Day 3 of competition

Saturday, July 26th 08:00- 19:00 Day 4 of competition

Sunday, July 27th 08:00 - 16:00 Day 5 of competition

Provisional timetable to be published by the International Canoe Federation at canoeicf.com

Events

JUNIOR & U23

Kayak Men	Kayak Women	Canoe Men	Canoe Women	Mix
K1 200	K1 200	C1 200	C1 200	K1 5000 relay
K1 500	K1 500	C1 500	C2 200	C1 5000 Relay
K2 500	K2 500	C2 500	C1 500	
K4 500	K4 500	C4 500	C2 500	
K1 1000	K1 1000	C1 1000	C4 500	

ORGANISING COMMITTEE

The Organizing Committee is lead by members of the Portuguese Canoe Federation and the municipality of Montemor-o-Velho.

A special workforce inside Portuguese Canoe Federation was created to plan and organize this Championships.

Race Manager – Ricardo Machado

Project Manager & Technical Organiser – Marcos Oliveira

Technical & Project Support & Logistics – Juliana Dias

Finance – Nuno Tavares

Human Resources – André Almeida

Volunteers -Anderson Silva

Accreditation & Protocol – Andreia Oliveira

Transportation – Hugo Figueiras

Accommodation – Andreia Oliveira

Media & Press – João Martins

Security – Joaquim santos

Medical – TBD

High performance Centre – Vasco Cavaleiro

IT – Memosoft

Contacts

Accommodation – Andreia Oliveira, andrea@canoportugal.com

Transportation – Hugo Figueiras, hugo@canoportugal.com

Payments, invoicing – Nuno Tavares, contabilidade@fpcanoagem.pt

General enquiries - Marcos Oliveira, marcos@canoportugal.com

Emergency phone: +351 932080306

Venue Layout



The High performance Centre provides top level conditions, including a special wind barrier to avoid side winds during competitions. Venue Layout will be published later at canoesprintportugal.com



Sport Facilities

We divide the sport facilities into limited access zones and all access zones, being the limited zones, the ones for exclusive use of the NF's and all other accreditation persons at the event.

The all access zones will be access by any spectator free of charge during competition hours. Venue opens 1 hour before the 1st race and closes 2 hours after the last race, each day.



Inside limited zones, different access will be given to different collectives
According to ICF new accreditation guidelines:

ICF - Blue

National Federation - Orange

Host Organising Committee - Navy

Broadcasters - Red

Media - Yellow

The access zones will be divided into 7 different zones:

1. Officials' area
2. Competition area
3. Team quarters and areas
4. TV areas
5. Media areas
6. Operational areas
7. VIP area



Parking

There will be special parking areas, divided into Public, Teams, Staff, team Buses, VIP and Media. Access to each one of this parking will be controlled by access card in the car and plate number. This access will be given at the accreditation Centre.

The parking area will be reduced comparing to last years, as the team quarters will be expanded outside the hangars. Naturally the public parking will be forced to start farthest from the venue main entrance. Parking is free for all.

Number of parking spaces to each team will be limited to a maximum of 2. Special cases will be evaluated at the accreditation office upon arrival.



Team Quarters

As said, this area will be expanded from the hangars to the parking, like what we did in 2021, but smaller due to the less structures to be mounted in this area. The exterior of the Centre with limited access to teams will mainly be used for teams parking and exclusive access to the venue.



We will keep the usual conditions in the hangars, including dressing rooms, places to sit and relax and of course the TV Led screens to watch the races as well as fixed services in this Centre like gymnasium, showers, toilets, nursery, medical services and anti-doping facilities. All teams are invited to bring their own inflatable or other kind of tents to maximize the space for your team. The hangars will be shared for most of the teams and with around 100 persons per hangar.

Also a lot more facilities will be provided:

- Athletes Lounge
- Info Desk
- Portable showers
- Boats Service Center [where ICF sponsors will install their services]
- Medals customization service
- Technical commercial area
- Bags drop office
- Bike rental & parking
- Special access and exclusive use of the cycle path [maximum of 2 persons per country]
- Commentary of the race [Sound speakers around all zones]
- Boat racks for 900 Boats
- Free boat control area [weight]



DEADLINES, ENTRIES and REGISTRATION

All team entries [numerical and nominal must be made on line through SDP system from ICF.

Link <https://icf.msl.es/icf/main.jsp>

Entries can only be submitted by the National Federation through the on line entries system SDP by the specified closing date [midnight European time/ European summer time GMT+ 1 or GMT +2]. Anyone having issues accessing the system or with the entries should contact ICF HQ at sdp@canoEICF.com

Please ensure the personnel responsible for submitting athlete profiles and entries on SDP first check whether an athlete is already in the database for another discipline before adding the athlete. Any athlete can have additional disciplines added to their record as required by checking the box for their new discipline in the profile. This will ensure all competition entries and results will be attributed to the one profile.

Special rules applied to Juniors competing in under23 category:

A first year an athlete can compete in international competition is the year of his/her 15th birthday.

The last year that competitor can compete in the Junior category in the year of his/her 18th birthday

A junior athlete can compete in U23 events at the World Championships under the following conditions:

A) An athlete can only paddle single events for one age group.

B) Junior athletes can compete in a maximum of two (2) team boat events in the U23 age group

The last year that competitor can compete in the U23 category in the year of his/her 23rd birthday.

The preliminary registrations, travel and accommodation requests must be done at www.canoesprintportugal.com using your NF's Login and password, used back in 2021 and 2023 Championships done in Portugal. If your NF does not have a user and password please contact us to marcos@canoportugal.com with the topic **NF LOGIN**. We will need to be provided with a proof of being someone from the NF's to contact us.

After the approval from the organization, you will receive a new email with your login details and you are ready to proceed.

The registration system will be online and available in following dates:

At Canoesprintportugal.com

Preliminary registrations from **January 2025 to May 23th**

Accommodation: Opens in **February 2025 to May 23th**. After this date OC can't guarantee availability inside our packs proposed.

Travel info: Opens in **February 2025** and must be sent at least until **21 of June** [to avoid price increasing].

At SDP system

Numerical entries until **June 8th**

Nominal Entries until **July 13th**

PARTICIPATION FEE

The Organizing Committee will use the International Canoe Federation protocol guidelines for the participation system. All team members must pay a fee of 35€ person per day during the access period [week of the Championships].

This fee includes:

Free drinkable water

Accreditation costs;

Transport by shuttle busses between venue and the accommodation;

Fees for the use of the venue and its facilities

Medical care at the venue

Security service at the venue

Team cars and trailer parking

Access to other miscellaneous services and equipment at the venue

Participation fee will be charged from the first day that the accreditation is given or hotel is requested and it will be charged until the end of the Championships, Sunday July 27th

Lunch at the venue is not included in the daily fee, teams booking outside the OC packs, may request lunch at the venue for 15€ per person per day. Lunch tickets can be bought upon arrival to the venue. Lunch is included for all NFs booking the accommodation packages with OC.



The participation Fee will not be charged to ICF Officers [including ICF Jury, Technical Officials, ICF Sponsors and Suppliers, Board of Directors, ICF Staff]. ICF future Championships organizers up to 4 people from each organizing committee, NF Presidents and Secretary Generals.

The participation fee does NOT include the transport from and to the airport. Extra fees will apply. Check page 7 for more information on this topic.

The participation fee is already included in the prices given for our accommodation packages.

The fee must only be paid for those who decide not to book accommodation through our organizing committee.

LODGING OPTIONS

The Organizing Committee has established protocols with almost all hotels in the region to provide several options for accommodation and assure reasonable rates. The main focus for accommodation will be in the cities of Coimbra and Figueira da Foz. Other Accommodation options are also available in smaller places.

Due to the high season that the month of July is in Portugal, especially near the ocean and the beach, where Figueira da foz is, we had to concentrate more than 50% of the lodging option outside this city and separate categories and prices.

We have pre-booked a total amount of more than 1200 beds in a total of 16 hotels.

We were still able to keep a good number of beds in different category hotels in Figueira as we know most of the countries would like to keep their teams near the ocean and closer to Montemor-o- Velho.

This year we are also investing in new hotel option, closer to the venue and outside the big cities, but with great quality and price. In Coimbra we also offer a category 4, for accommodation in the University rooms for teams with lower budgets of participation. This will have very limited capacity due to the dates of the event.

Category	FIGUEIRA DA FOZ	Single Room	Twin Room
1Plus	**** star hotels	upon request	195,00 €
1	**** star hotels	215,00 €	175,00 €
2Plus	*** star hotels	190,00 €	150,00 €
2	*** star hotels	165,00 €	130,00 €

Category	COIMBRA	Single Room	Twin Room
1Plus	**** star hotels	215,00 €	175,00 €
1	**** star hotels	205,00 €	150,00 €
2	**** star hotels	165,00 €	130,00 €
3	*** and ** star hotels	155,00 €	120,00 €
4	University rooms	upon request	95,00 €

Category	OTHER LOCATIONS Cantanhede & Soure	Single Room	Twin Room
2	*** star hotels	190,00 €	140,00 €
1	**** star hotels	155,00 €	120,00 €

The prices above are per person and per day with full board.

-All booking requests will be addressed to one hotel inside the chosen category. This hotel may change at any time in case of need of the Organizing committee. The hotel information will be given to the team after July 1st.

- If a team desires a specific hotel, please add that information in the observation box at the online booking form. In case there are no options inside the same category and location chosen, our accommodation department will inform you before any booking is done.

-In case of damages (check in) Hotels are entitled to request a deposit credit card in the event of damages or extra service. Please be ready to provide your personal credit card during check-in to guarantee any possible extra services.

- The Organizing Committee does not take any responsibility for extra services at the hotel [mini bar, telephone, parking, paid internet, etc.].

-Early check-in (before 14:00pm) is subject to room availability at the hotel. Team`s arriving before this time will be transported directly to the venue. Please check transportation item in this bulletin on page 18.

- Check-out time in hotel - 12:00 p.m. on the day of the departure. If your departure is during competition days, your bags must be taken to the venue and the departure will be set from there.

All ICF OFFICIALS will be accommodated in the same hotel and without any charge for the National Federation of his/her country (in a double room basis). Single rooms will have a direct charge to the National federation or officials **(45€/day)** The organization will cover the accommodation, airport and local transportation plus 3 meals per day.



Catering

Teams booking accommodation through the OC will have 3 meals per day included. Lunch will always be the first meal on arrival day (if arriving to the venue until 2pm). Breakfast will be the last meal if departing on Monday morning. If departure is during any other day, we will provide lunch or dinner at the venue, included in the daily package, adjusted according to the departure time.

Breakfast and dinner will be served at chosen hotel.

Lunch will be served every day at the venue.

Dinner of July 27th will be served exclusive at the venue, and it will include a farewell festivity. No dinner will be served at hotels.

Teams that wish to have dinner at the hotel on this day, should book it in advance and pay it directly at the hotel.

This can be dealt with upon arrival to the venue.

Lunch and dinner schedules to be published in last info closer to the championship dates.

Lunch at the venue for those outside the OC accommodation will be 15€ per meal and must be booked on the day of arrival.

Terms of Payment

30% of the total cost of the reservation must be paid after the reception of the proforma invoice to secure booking/reservation.

75% of the total cost of the reservation must be paid before May 27th

100% of the total cost of the reservation must be paid before June 27th

No reservations are confirmed until 30% of the reservation is paid. The organization may cancel any reservation if no regular payments are made.

Transport from airport and accreditation cards will only be granted upon 100% payment.

Account Details

All payments should be made to the following Account Beneficiary : Federação Portuguesa de Canoagem

IBAN : PT50 0010 0000 2597 5600 007 6 9



SWIFT/BIC- BBPIPTPL



Regular cancelation Terms:

Until April 21st - Refund 100%

Until May 21st - Refund 50%

Until June 21st - Refund 25%

From June 21st - No Refund



Payments should be made in Euros and all bank Costs must be paid by the remitter.



Debit and credit cards will be accepted at the venue. Extra taxes will apply.

Transport Services

Besides the Airport shuttle, described already in this document we will supply daily shuttle service from chosen hotel to the venue and return.

Timetable will be provided in team leaders guide closer to the championship dates.

Only accredited persons from teams may use the transportation system.

Be aware of the distances and maximum time predicted for each hotel location:

Coimbra - Venue 25 kms , from 25 to 45 minutes

Figueira - Venue 25 Km from 20 to 40 minutes

Cantanhede - Venue - 27km , from 20 to 40 minutes

Other hotels - Venue 5-15km up to 5-20 minutes

Due to the high season and predicted traffic, times displayed above can be different, especially in the afternoon.

The time displayed above does not mean that the interval between shuttles for the venue will be the same.

It means that closer hotels will probably have more frequent shuttles than the farthest ones.

The following table explains what a team will do upon arrival from the Airport, according to the time of the day.

This is the default manual our team management will follow.

Special situations will always be deal as a possibility to deliver best comfort to all teams.

If you arrive at the city of the event:	In case your accreditation process is complete:	In case your accreditation process needs further action:
between 9:00 and 12:15	Destination: venue Lunch: at the venue Team Leader: goes to the Accreditation Centre to pick up the kit	Destination: venue Lunch: at the venue Team Leader: goes to the Accreditation Centre to solve the process issues
between 12:15 and 14:00 (The Accreditation Centre is closed)	Destination: venue Lunch: at the venue (the team will be accompanied by a member of the HOC) Team Leader: goes to the Accreditation Centre at 14:00 to pick up the kit	Destination: venue Lunch: at the venue (the team will be accompanied by a member of the HOC) Team Leader: goes to the Accreditation Centre at 14:00 to solve the process issues
between 14:00 and 15:00	Destination: venue Lunch: at the venue Team Leader: goes to the Accreditation Centre to pick up the kit	Destination: venue Lunch: at the venue Team Leader: goes to the Accreditation Centre to solve the process issues
between 15:00 and 19:30	Destination: venue or hotel Team Leader: goes to the Accreditation Centre to pick up the kit	Destination: venue Team Leader: goes to the Accreditation Centre to solve the process issues
between 19:30 and 00:00 (The Accreditation Centre is closed)	Destination: hotel Team Leader: goes to the Accreditation Centre at 9:00 the next day to pick up the kit	Destination: hotel Team Leader: goes to the Accreditation Centre at 9:00 the next day to solve the process issues
between 00:00 and 9:00 (The Accreditation Centre is closed)	Destination: hotel Team Leader: goes to the Accreditation Centre at 9:00 to pick up the kit	Destination: hotel Team Leader: goes to the Accreditation Centre at 9:00 to solve the process issues

Boat Rental Options

The official rental service for the ICF Junior & U23 Canoe Sprint World Championships will be NELORENTAL provided by our partner NELO.

All queries should be made at nelorental.com

Other Portuguese boats manufacturers will also be available for rentals, please feel free to contact them:

SIPRE: sipre@sapo.pt

ELIO: info@eliokayaks.com

Connect: info@connectkayaks.eu

Training Camps

The Montemor-o-Velho training centre is a complete kayak sprint training service that offers everything you need to make your stay a real pleasure or to make your training as efficient and enjoyable as possible.

It's luxurious and has new facilities, it's beautiful, perfect and also has affordable accommodation. It's excellent and has a modern fleet of kayaks.

Its fun sports and luxurious spa are excellent for enjoying a unique experience. Our aim is to provide each and every guest with a home away from home and a pleasant, friendly and personalized service. So if you'd like to come and train in our facilities before the competition starts, please go to the official website and send us a quote request.

Language

The official language of the competition will be English.

All the information documents, forms, local identity signs & comments will be in English and in the official language of the host country, Portuguese.

In order to ensure the equal access to information to all the delegations, we will provide Volunteers with interpreter services for French & English.

Security System

There will be local police force at the venue to ensure that everyone is safe and to guarantee that only authorized athletes can enter go into the athletes area, for example. All the athletes must wear their identity cards and show them at the venue entrance to prove that they are in the race.

The security plan will be assured by the local security authorities: Portuguese National Guard, Police, Civil protection, fire brigade and Portuguese Red Cross.

Anti-doping control

The Doping control will be provided according to the ICF standards, in partnership with the Nationals entities ADOP. It will be located in a specific room at the venue.

All athletes must apply for the ADEL certificate. More info at <https://www.canoeicf.com/anti-doping-education>

Visa information

All information about visa requirements for all participating teams can found in the Ministry of Foreign affairs website at <https://vistos.mne.gov.pt/en/>



ABCd



Montemor-o-Velho
PORTUGAL



ICF JUNIOR & U23 CANOE SPRINT
WORLD CHAMPIONSHIPS 2025

www.canoportugal.com

marcos@canoportugal.com

Telephone +351225432237

Mobile: 351932080306

