## Special Olympics Kayaking

Róża Banasik- Zarańska, Poland Special Olympics Kayaking Technical Delegate SOEE Sport Advisor, ICF Official



## What is Special Olympics about?









## **Special Olympics**

Special Olympics is the world's largest sports organization for children and adults with intellectual disabilities, providing year-round training and competitions to 5 million athletes and Unified States Sports partners in 174 countries. Special Olympics competitions are held every day, all around the world—including local, national and regional competitions, adding up to more than 100,000 events a year. Like the <u>International Paralympic Committee</u>, the Special Olympics organization is recognized by the International Olympic Committee; however, unlike the Paralympic Games, Special Olympics World Games are not held in the same year or in conjunction with the Olympic Games.

Special Olympics

### **Special Olympics Mission**



The mission of Special Olympics is to provide yearround sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts and friendship with their families, other Special Olympics athletes, and the community.

### Special Olympics athlete oath



## "Let me win but if I cannot win, let me be brave in the attempt"





## Philosophy



 $\bullet_{^{perceptier}}$ 

- Centered on athlete.
- Emphasizes benefits to athlete from proper training, fair competition and interaction within the community;
- Winning not emphasized at all costs.

Emphasizes importance of participation, effort, and personal achievement.

### History



June 1962, <u>Eunice Kennedy Shriver</u> started a day camp called <u>Camp Shriver</u> for children with intellectual disabilities

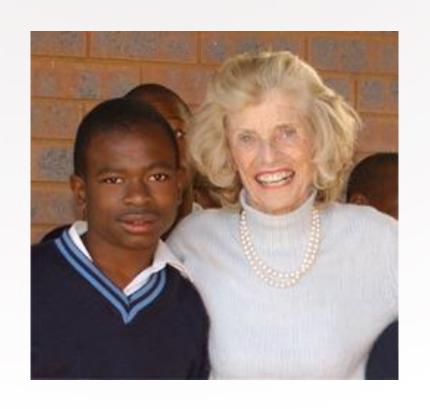
The first Special Olympics games were held in July 1968 at Soldier Field in Chicago. About 1,000 athletes from the U.S. and Canada took part in the one-day event,



## History of Athletes Participation



2014	4,600,000
2004	1,750,000
2000	1,000,000
1990	750,000
1988	588,500
1968	1,000
1963	100



### 2017 REACH REPORT





### **HEALTH PROGRAM**

1.524

PERCENTIFICATION OF THE PERCEN

ATHLETESCREDGINGS 1 HEALTHVOLUNTEERS

33,130

82



### UNIFIED SPORTS

TOTAL TELEVISION SATES

1,634,167

761.96

761,864

872,303

2016-2017/CHASSGE +17%6 +242,717

#### TOTAL YOUTHTEAMMATES

A4560 9-35

539,115

296,127

10 / Special Olympics

-98%-206ÇT4

308,818

2016-2017 CHACKER

#### COMPETITIONS

103,540

24,495



#### 284 COMPETITIONS / DAY 12 COMPETITIONS / HOUR

#### GLOBAL FOOTPRINT

MATROMAL & STATE PROGRAMS

225

COUNTRUES

174



#### ATHLETE LEADERSHIP

45,355

1015-2017-CHANGE +11.96





#### PROGRAM LEADERS

PROGRAMS WITH DAID LEADERSHIP

136

HARF WITH INTRILL BOTUAL DENABILITIES

STAFF WITH ID

STARF WITH ID

204

605

#### VOLUNTEERS

### 1,114,697

#### COCHACTERES

477,889 YOUTH 371,523 LAWENFORCEMENT 30,964 HEALTH



#### YOUTH LEADERSHIP

WOUTH LEADERS (ASSESSO)

66,779

2016-2017-CHAD02E +26% +13.683



#### FAMILY LEADERSHIP

TANKEY LEADERS

2016-2017 (\$523566)

31,755

+36%6+8,435

RECESTERED

PANELYNENESES





#### GLOBAL REVENUE

\$428,793,363

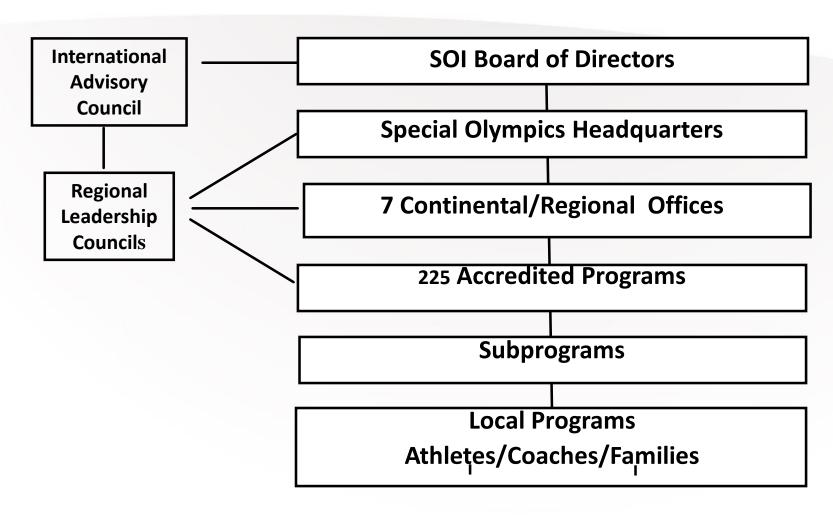
\$319,175,294

\$109,618,069

(Staned one 2001/6/Wassecist Etsta):

### Worldwide Structure of the Movement





### Definition of Intellectual Disability



- Refers to substantial limitations in present functioning
- Characterized by significantly subaverage intellectual functioning
- Exists concurrently with limitations in two or more of the following adaptive skill areas:
  - > communication > self-care
  - > home living > social skills
  - > health and safety > leisure
  - > functional academics > work
- Manifests before age 18 years

### **Eligibility for Special Olympics**



### Age

(8 years of age or older except Young Athletes Program)

### **Registration to participate with Special Olympics**

### Identification

by their localities as having intellectual disability

OR

by their localities as having closely related developmental disability

### **Uniqueness of Special Olympics**



Sports opportunities for all ability levels

No fees charged to athletes

Divisioning for equitable competition

Awards for all participants

Random draw for advancement to higher levels of competition



### **Special Olympics Outreach Programs**

- Motor Activities Training Program
  - Unified Sports®
  - Healthy Athletes Initiative
  - Schools and Youth Initiative
  - Athlete Leadership Programs
    - SO Young Athletes™

## Special Olympics Kayaking







### **Special Olympics Sports**

### **Official Summer Sports**

- Aquatics
- Athletics
- Badminton
- Basketball
- Bocce
- Bowling
- Cycling
- Equestrian
- •Football/Soccer
- Golf

- Gymnastics (Artistic and Rhythmic)
- Powerlifting
- Roller Skating
- Sailing
- Softball
- Table Tennis
- Team Handball
- Tennis
- Volleyball
- Judo Special Olympics
- Kayaking



## **Short History**

1992 training sesssions Poland,

1995 -1st official SO regattas, Sztum, Poland

1996, 1998, 2000- National level regattas, Poland

2002 – Demonstration sport during pre- Games in Dublin,

**Ireland** 







# Kayaking in Special Olympics Games

2003- Dublin, Ireland (4 countries, 24 athletes)

2007-Shanghai, China (8 countries, 55 athletes)

2011-Athens, Greece (12 countries, 65 athletes)

2015-Los Angeles, USA (13 countries, 67 athletes)

Next:

2019-Abu Dhabi, UAE



















Special Olympics









### Special Olympics

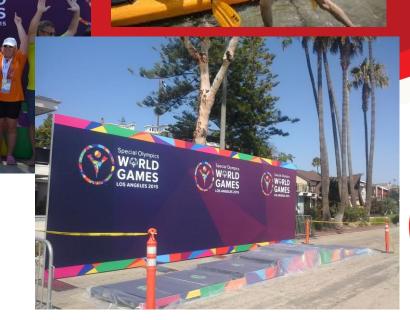








WARLD GAMES LOS ANGELES 2015







## Special Olympics



## Next games ...







## Kayaking Reach Report 2017

4 Regions (including SOEE)

28 Programs (17 in SOEE)

2977 athletes (2100 in SOEE)

487 coaches (234 in SOEE) - 294 certified (130 SOEE)

**Unified Kayaking Global** 

11 Programs (4 SOEE)

340 Athletes + 291 Partners



## **Competition Rules**

https://media.specialolympics.org/resources/sports-

essentials/sport-rules/Kayaking-Sports-Rules.pdf





## **Special Olympics Sports Rules**

**SUMMER & WINTER SPORTS RULES** 

**ARTICLE I** 

**SO INC. GENERAL RULES** 

www.specialolympics.org

resources.specialolympics.org





## Special Olympics Rules

- Based on International and National Governing Body rules of sport federations
- Contain few modifications
- Provide events for all ability levels
- Govern all Special Olympics competitions



## **Events**

Distances 200 m 500m

Singles Tourist kayak (KT): KT1 – 200m, 500m, 1000m (new)

Doubles Tourist kayak (KT): KT2-200m, 500m

Unified Sports® Doubles Tourist kayak (KT): KT2 – 200m, 500m,

Singles Professional kayak (K): K1 – 200m, 500m, 1000m

Doubles Professional kayak (K): K2 – 200m, 500m,





## **Events**

Unified Sports Doubles Professional kayak (K):K2 – 200m, 500m,

**Mixed Events** 

Doubles Tourist kayak (KT-MX): KTmx2 – 200m, 500m,

Unified Sports® Doubles Tourist kayak (KT-MX): KTmx2 – 200m, 500m

Doubles Professional kayak (K-MX): Kmx2 – 200m, 500m

Unified Sports Doubles Professional kayak (K-MX): Kmx2 – 200m, 500m





## Equipment

Standardized Touring Kayaks and paddles are to be provided by games organizing committees for each athlete.

These boats are to be designed as a sit-in and not as a sit-on type and to offer high stability level to the athletes.

Kayaks shall be propelled solely by means of double-bladed paddles.

There is no other specific rule for boats construction (material, length, weight etc.) but they must be safe and environmentally sound.

For the equality of participants the Organizers must offer the same type of boats for all events.

Professional Kayaks and paddles must meet ICF specifications





## Boats examples





### Sample specification



### **Boat Specifications:**

Cruiser 320 Cruiser II

Material HTP HTP

Length 323cm 470cm

Width 70 cm 69 cm

Weight 22 kg 34 kg

**Volume** 370 | 510 |

Max. capacity 135 kg 240 kg

**Cockpit** 7 (110cm) 7 (110cm)

### **Special Olympics Divisioning**



## Conduct competition according to the Official Special Olympics Sports Rules

### Achieve the following goals:

- Provide all competitors a chance to excel
- For individual competition:
  - **√** 15% guideline and preliminaries
- For team competition:
  - ✓ Skills Assessment Tests and classification rounds/observed matches.

Maximum (Honest) Effort Rule (15 %)

### Criteria for Athlete Advancement



- Winner of each division has equal chance to advance to the next level of competition
- Athletes should be chosen by random draw
- Athlete selection by Special Olympics rules



## Coaching guides



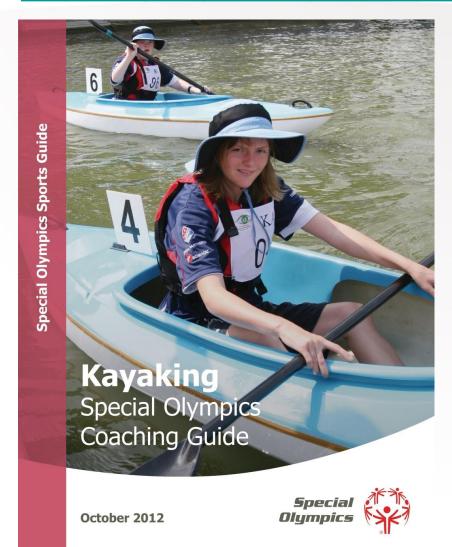
http://resources.specialolympics.org/ResourcesDefault.aspx



### **Kayaking Coaching Guide**



http://digitalguides.specialolympics.org/kayaking/



### Different?



https://www.youtube.com/watch?v=WqAcbkzFMCU

https://www.facebook.com/SpecialOlympics/videos/101573 06507848782/

## The future

Goals:

More countries involved

Increase the number of the athletes

SO Kayaking seminars

SO Regatta organization guide

Boats delegated to SO athletes

Cooperation agreement SOI-ICF





## Thank you ©

www.specialolympics.org



**Special Olympics** 

