

Start	Finish	Thursday 25 June	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:30	06:45	Water on and level stabilized			00:15:00
06:45	07:30	CSL - Training Forerunners / Free session			00:45:00
07:30	16:30	CSL - Training slots	12	00:45:00	09:00:00
16:30	17:30	Kayak Cross Course Construction + Inlet water channel cleaning			01:00:00
17:30	20:30	Kayak Cross - Training - U23 only	4	00:45:00	03:00:00
20:30	20:30	Water off			00:00:00
Start	Finish	Friday 26 June	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:30	06:45	Water on and level stabilized			00:15:00
06:45	07:30	CSL - Training Forerunners / Free session			00:45:00
07:30	16:30	CSL - Training slots	12	00:45:00	09:00:00
16:30	17:30	Kayak Cross Course Construction + Inlet water channel cleaning			01:00:00
17:30	20:30	Kayak Cross - Training - Junior only	4	00:45:00	03:00:00
20:30	20:30	Water off			00:00:00
Start	Finish	Saturday 27 June	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:30	06:45	Water on and level stabilized			00:15:00
06:45	07:15	CSL - Training Forerunners			00:30:00
07:15	15:15	CSL - Training slots	12	00:40:00	08:00:00
15:15	16:15	Kayak Cross Course Construction + Inlet water channel cleaning			01:00:00
16:15	18:15	Kayak Cross - Training - U23 only	4	00:30:00	02:00:00
18:15	20:15	Kayak Cross - Training - Junior only	4	00:30:00	02:00:00
20:15	20:15	Water off			00:00:00
TEAM LEADERS MEETING					
20:15	21:15	Team Leader Meeting			01:00:00

Start	Finish	Sunday 28 June	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:30	06:45	Water on and level stabilized			00:15:00
06:45	12:45	CSL - Training slots	6	01:00:00	06:00:00
12:45	13:15	Inlet water channel cleaning			00:30:00
13:15	19:15	CSL - Training slots	6	01:00:00	06:00:00
19:15	20:00	CSL - Training Forerunners			00:45:00
20:00	20:00	Water off			00:00:00
OPENING CEREMONY					
20:00	21:00	Opening Ceremony			01:00:00
Start	Finish	Monday 29 June	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:30	06:45	Water on and level stabilized			00:15:00
06:45	07:15	CSL - Training Forerunners			00:30:00
07:15	15:15	CSL - Training slots	12	00:40:00	08:00:00
ITO MEETING					
15:00	16:00	ITO Meeting			01:00:00
KAYAK CROSS COURSE CONSTRUCTION					
15:15	16:15	Kayak Cross Course Construction + Inlet water channel cleaning			01:00:00
OFFICIAL TRAINING					
16:15	19:15	Kayak Cross - Training	4	00:45:00	03:00:00
19:15	19:45	Kayak Cross rehearsal (individual + option on Head-to-Head)			00:30:00
19:45	19:45	Water off			00:00:00

Start	Finish	Tuesday 30 June	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
07:00	07:15	Water on and level stabilized			00:15:00
07:15	08:00	Kayak Cross - Forerunners			00:45:00
08:00	11:00	Kayak Cross - Training	4	00:45:00	03:00:00
		Inlet water channel cleaning			00:30:00
KAYAK CROSS COURSE CONSTRUCTION					
11:30	12:00	Kayak Cross Course Fine setting			00:30:00
KAYAK CROSS INDIVIDUALS					
12:00:00	12:03:00	Forerunners	4	00:00:45	00:03:00
		Interval			00:06:00
12:09:00	13:16:30	Men's Kayak Cross Individual - U23	90	00:00:45	01:07:30
		Interval			00:03:00
13:19:30	13:57:45	Women's Kayak Cross Individual - U23	51	00:00:45	00:38:15
		Interval			00:03:00
14:00:45	15:06:45	Men's Kayak Cross Individual - Junior	88	00:00:45	01:06:00
		Interval			00:03:00
15:09:45	15:49:30	Women's Kayak Cross Individual - Junior	53	00:00:45	00:39:45
		Interval			00:10:30
MEDALS CEREMONIES - KAYAK CROSS INDIVIDUALS					
16:00:00	16:06:00	Women's Kayak Cross Individual - U23 - Medals ceremony			00:06:00
		Interval			00:01:00
16:07:00	16:13:00	Men's Kayak Cross Individual - U23 - Medals ceremony			00:06:00
		Interval			00:01:00
16:14:00	16:20:00	Women's Kayak Cross Individual - Junior - Medals ceremony			00:06:00
		Interval			00:01:00
16:21:00	16:27:00	Men's Kayak Cross Individual - Junior - Medals ceremony			00:06:00
HEATS AND TEAM EVENTS - COURSE CONSTRUCTION					
16:00:00	18:30:00	Course construction			02:30:00
17:45:00	18:30:00	Course Tuning with demonstration runners			00:45:00
18:30:00	18:35:00	Course review with technical manager			00:05:00
18:35:00	18:40:00	Course approval			00:05:00
		Interval			00:10:00
18:50:00	19:06:00	Heats - Full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			00:30:00
19:36:00	19:46:00	Teams - Full length demo run & rehearsal	4	00:02:30	00:10:00
					00:14:00
20:00:00	20:00:00	Water OFF			00:00:00

Start	Finish	Wednesday 01 July	Number of Slots	Interval	Duration
06:30	06:45	Water on and level stabilized			00:15:00
		Interval			01:30:00
HEATS - KAYAK - U23					
08:15:00	08:19:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
08:30:00	09:24:00	WK1 U23	54	00:01:00	00:54:00
		Interval			00:06:00
09:30:00	10:59:00	MK1 U23	89	00:01:00	01:29:00
		Inlet water channel cleaning			00:31:00
HEATS - KAYAK - JUNIOR					
11:30:00	12:23:00	WK1 Junior - 1st Run	52	00:01:00	00:52:00
		Interval			00:05:00
12:28:00	13:50:00	MK1 Junior - 1st Run	82	00:01:00	01:22:00
		Interval			01:10:00
TEAM EVENTS - KAYAK					
15:00:00	15:05:00	Forerunners	2	00:02:30	00:05:00
		Interval			00:10:00
15:15:00	15:45:00	WK1 U23 Teams	12	00:02:30	00:30:00
		Interval			00:03:00
15:48:00	17:00:30	MK1 U23 Teams	29	00:02:30	01:12:30
		Interval			00:10:00
17:10:30	17:40:30	WK1 JUN Teams	12	00:02:30	00:30:00
		Interval			00:03:00
17:43:30	18:33:30	MK1 JUN Teams	20	00:02:30	00:50:00
		Interval			00:11:30
MEDALS CEREMONIES - TEAM EVENTS					
18:45:00	18:51:00	WK1 U23 Teams - Medals ceremony			00:06:00
		Interval			00:01:00
18:52:00	18:58:00	MK1 U23 Teams - Medals ceremony			00:06:00
		Interval			00:01:00
18:59:00	19:05:00	WK1 JUN Teams - Medals ceremony			00:06:00
		Interval			00:01:00
19:06:00	19:12:00	MK1 JUN Teams - Medals ceremony			00:06:00
19:00:00	19:00:00	Water OFF			00:00:00

Start	Finish	Thursday 02 July 2026	Number of Slots	Interval	Duration
06:30	06:45	Water on and level stabilized			00:15:00
		Interval			01:30:00
HEATS - CANOE - U23					
08:15:00	08:19:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
08:30:00	09:18:00	MC1 U23 - 1st Run	48	00:01:00	00:48:00
		Interval			00:05:00
09:23:00	10:07:00	WC1 U23 - 1st Run	44	00:01:00	00:44:00
		Inlet water channel cleaning			00:28:00
HEATS - CANOE - JUNIOR					
10:35:00	11:28:00	MC1 Junior - 1st Run	53	00:01:00	00:53:00
		Interval			00:05:00
11:34:00	12:08:00	WC1 Junior - 1st Run	33	00:01:00	00:33:00
		Interval			01:22:00
TEAM EVENTS - CANOE					
13:30:00	13:35:00	Forerunners	2	00:02:30	00:05:00
		Interval			00:10:00
13:45:00	14:22:30	MC1 U23 Teams	15	00:02:30	00:37:30
		Interval			00:05:30
14:28:00	14:53:00	WC1 U23 Teams	10	00:02:30	00:25:00
		Interval			00:06:30
14:59:30	15:27:00	MC1 Junior Teams	11	00:02:30	00:27:30
		Interval			00:05:30
15:32:30	15:55:00	WC1 Junior Teams	9	00:02:30	00:22:30
		Interval			00:10:00
MEDALS CEREMONIES - TEAM EVENTS					
16:05:00	16:11:00	MC1 U23 Teams - Medals ceremony			00:06:00
		Interval			00:01:00
16:12:00	16:18:00	WC1 U23 Teams - Medals ceremony			00:06:00
		Interval			00:01:00
16:19:00	16:25:00	MC1 Junior Teams - Medals ceremony			00:06:00
		Interval			00:01:00
16:26:00	16:32:00	WC1 Junior Teams - Medals ceremony			00:06:00
SEMI FINAL & FINAL COURSE MODIFICATION					
16:00:00	16:45:00	Course modification			00:45:00
17:10:00	17:40:00	Course Tuning with demonstration runners			00:30:00
17:40:00	17:45:00	Course review with technical manager			00:05:00
17:45:00	17:50:00	Course approval			00:05:00
		Interval			00:10:00
18:00:00	18:16:00	Semi & Final - Full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			01:14:00
19:30:00	19:30:00	Water OFF			00:00:00

Start	Finish	Friday 03 July 2026	Number of Slots	Interval	Duration
07:00	07:15	Water on and level stabilized			00:15:00
		Interval			01:30:00
SEMI FINAL & FINAL - KAYAK - U23					
08:45:00	08:48:00	Forerunners	2	00:01:30	00:03:00
		Interval			00:12:00
09:00:00	09:45:00	WK1 U23 - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
09:50:00	10:35:00	MK1 U23 - Semi-final	30	00:01:30	00:45:00
		Inlet water channel cleaning			00:40:00
11:15:00	11:39:00	WK1 U23 Final	12	00:02:00	00:24:00
		Interval			00:05:00
11:44:00	12:08:00	MK1 U23 Final	12	00:02:00	00:24:00
		Interval			01:37:00
SEMI FINAL & FINAL - KAYAK - JUNIOR					
13:45:00	13:48:00	Forerunners	2	00:01:30	00:03:00
		Interval			00:12:00
14:00:00	14:45:00	WK1 Jun - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
14:50:00	15:35:00	MK1 Jun - Semi-final	30	00:01:30	00:45:00
		Inlet water channel cleaning			00:40:00
16:15:00	16:39:00	WK1 Jun Final	12	00:02:00	00:24:00
		Interval			00:05:00
16:44:00	17:08:00	MK1 Jun Final	12	00:02:00	00:24:00
		Interval			00:07:00
17:15:00	17:15:00	Water OFF			00:00:00
MEDALS CEREMONIES - KAYAK EVENTS					
17:30:00	17:35:00	WK1 U23 - Medals ceremony			00:05:00
		Interval			00:01:00
17:36:00	17:41:00	MK1 U23 - Medals ceremony			00:05:00
		Interval			00:01:00
17:42:00	17:47:00	WK1 Junior - Medals ceremony			00:05:00
		Interval			00:01:00
17:48:00	17:53:00	MK1 Junior - Medals ceremony			00:05:00

Start	Finish	Saturday 04 July 2026	Number of Slots	Interval	Duration
07:00	07:15	Water on and level stabilized			00:15:00
		Interval			01:30:00
SEMI FINAL & FINAL - CANOE - U23					
08:45:00	08:48:00	Forerunners	2	00:01:30	00:03:00
		Interval			00:12:00
09:00:00	09:45:00	MC1 U23 - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
09:50:00	10:35:00	WC1 U23 - Semi-final	30	00:01:30	00:45:00
		Inlet water channel cleaning			00:40:00
11:15:00	11:39:00	MC1 U23 Final	12	00:02:00	00:24:00
		Interval			00:05:00
11:44:00	12:08:00	WC1 U23 Final	12	00:02:00	00:24:00
		Interval			01:37:00
SEMI FINAL & FINAL - CANOE - JUNIOR					
13:45:00	13:48:00	Forerunners	2	00:01:30	00:03:00
		Interval			00:12:00
14:00:00	14:45:00	MC1 Jun - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
14:50:00	15:35:00	WC1 Jun - Semi-final	30	00:01:30	00:45:00
		Inlet water channel cleaning			00:40:00
16:15:00	16:39:00	MC1 Jun Final	12	00:02:00	00:24:00
		Interval			00:05:00
16:44:00	17:08:00	WC1 Jun Final	12	00:02:00	00:24:00
		Interval			00:22:00
MEDALS CEREMONIES - CANOE EVENTS					
17:30:00	17:35:00	MC1 U23 - Medals ceremony			00:05:00
		Interval			00:01:00
17:36:00	17:41:00	WC1 U23 - Medals ceremony			00:05:00
		Interval			00:01:00
17:42:00	17:47:00	MC1 Junior - Medals ceremony			00:05:00
		Interval			00:01:00
17:48:00	17:53:00	WC1 Junior - Medals ceremony			00:05:00
KAYAK CROSS COURSE CONSTRUCTION					
17:15:00	18:15:00	KAYAK CROSS - Course construction & setting			01:00:00
18:15:00	18:45:00	Rehearsal			00:30:00
18:30:00	18:30:00	Water OFF			00:00:00

Start	Finish	Sunday 05 July 2026	Number of Slots	Interval	Duration
07:00	07:15	Water on and level stabilized			00:15:00
		Interval			00:45:00
OFFICIAL TRAINING					
08:00:00	09:00:00	Kayak Cross - Training U23	1	01:00:00	01:00:00
09:00:00	10:00:00	Kayak Cross - Training Junior	1	01:00:00	01:00:00
		Inlet water channel cleaning			00:30:00
KAYAK CROSS U23 - ELIMINATION					
10:30:00	10:33:00	Forerunners	1	00:03:00	00:03:00
		Interval			00:12:00
10:45:00	11:09:00	Women's Kayak Cross - U23 - Heats	8	00:03:00	00:24:00
11:09:00	11:33:00	Men's Kayak Cross - U23 - Heats	8	00:03:00	00:24:00
		Interval			00:05:00
11:38:00	11:50:00	Women's Kayak Cross - U23 - 1/4 Final	4	00:03:00	00:12:00
11:50:00	12:02:00	Men's Kayak Cross - U23 - 1/4 Final	4	00:03:00	00:12:00
		Interval			00:05:00
12:07:00	12:13:00	Women's Kayak Cross - U23 - 1/2 Final	2	00:03:00	00:06:00
12:13:00	12:19:00	Men's Kayak Cross - U23 - 1/2 Final	2	00:03:00	00:06:00
		Interval			00:05:00
12:24:00	12:27:00	Women's Kayak Cross - U23 - Final	1	00:03:00	00:03:00
		Interval			00:03:00
12:30:00	12:33:00	Men's Kayak Cross - U23 - Final	1	00:03:00	00:03:00
		Inlet water channel cleaning			01:27:00
KAYAK CROSS JUNIOR - ELIMINATION					
14:00:00	14:03:00	Forerunners	1	00:03:00	00:03:00
		Interval			00:12:00
14:15:00	14:39:00	Women's Kayak Cross - Junior - Heats	8	00:03:00	00:24:00
14:39:00	15:03:00	Men's Kayak Cross - Junior - Heats	8	00:03:00	00:24:00
		Interval			00:02:00
15:05:00	15:17:00	Women's Kayak Cross - Junior - 1/4 Final	4	00:03:00	00:12:00
15:17:00	15:29:00	Men's Kayak Cross - Junior - 1/4 Final	4	00:03:00	00:12:00
		Interval			00:05:00
15:34:00	15:40:00	Women's Kayak Cross - Junior - 1/2 Final	2	00:03:00	00:06:00
15:40:00	15:46:00	Men's Kayak Cross - Junior - 1/2 Final	2	00:03:00	00:06:00
		Interval			00:05:00
15:51:00	15:54:00	Women's Kayak Cross - Junior - Final	1	00:03:00	00:03:00
		Interval			00:03:00
15:57:00	16:00:00	Men's Kayak Cross - Junior - Final	1	00:03:00	00:03:00
		Interval			00:30:00
MEDALS CEREMONIES - KAYAK CROSS & CLOSING CEREMONY					
16:30:00	16:35:00	Women's Kayak Cross - U23 - medals presentation			00:05:00
		Interval			00:01:00
16:36:00	16:41:00	Men's Kayak Cross - U23 - medals presentation			00:05:00
		Interval			00:01:00
16:42:00	16:47:00	Women's Kayak Cross - Junior - medals presentation			00:05:00
		Interval			00:01:00
16:48:00	16:53:00	Men's Kayak Cross - Junior - medals presentation			00:05:00
		Interval			00:01:00
16:54:00	16:59:00	NATIONS CUP & CLOSING CEREMONY			00:05:00
16:15:00	16:15:00	Water OFF			00:00:00