

Start	Finish	Sunday 21 September	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:00	06:15	Water on and level stabilized	1	00:15:00	00:15:00
06:15	07:00	CSL - Training Forerunners	1	00:45:00	00:45:00
07:00	16:00	CSL - Training slots (9 NF groups)	9	01:00:00	09:00:00
16:00	16:30	Kayak Cross Course Construction	1	00:30:00	00:30:00
16:30	18:00	Kayak Cross - Training slots with some gates - 2 groups *45mins	2	00:45:00	01:30:00
18:00	18:00	Water off	1	00:00:00	00:00:00
Start	Finish	Monday 22 September	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
05:45	06:00	Water on and level stabilized	1	00:15:00	00:15:00
06:00	07:30	Kayak Cross - Training slots with some gates - 2 groups *45mins	2	00:45:00	01:30:00
07:30	08:00	CSL Course Construction	1	00:30:00	00:30:00
08:00	17:00	CSL - Training slots (9 NF groups)	9	01:00:00	09:00:00
17:00	17:45	CSL - Training Forerunners and gate setting	1	00:45:00	00:45:00
17:45	17:45	Water off	0	00:01:00	00:00:00
Start	Finish	Tuesday 23 September	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:00	06:15	Water on and level stabilized	1	00:15:00	00:15:00
06:15	07:00	CSL - Training Forerunners	1	00:45:00	00:45:00
07:00	16:00	CSL - Training slots (9 NF groups)	9	01:00:00	09:00:00
16:00	16:30	Kayak Cross Course Construction	1	00:30:00	00:30:00
16:30	18:00	Kayak Cross - Training slots with some gates - 2 groups *45mins	2	00:45:00	01:30:00
18:00	18:00	Water off	1	00:00:00	00:00:00
Start	Finish	Wednesday 24 September	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
05:45	06:00	Water on and level stabilized	1	00:15:00	00:15:00
06:00	07:30	Kayak Cross - Training slots with some gates - 2 groups *45mins	2	00:45:00	01:30:00
07:30	08:00	CSL Course Construction	1	00:30:00	00:30:00
08:00	17:00	CSL - Training slots (9 NF groups)	9	01:00:00	09:00:00
17:00	17:45	CSL - Training Forerunners and gate setting	1	00:45:00	00:45:00
17:45	17:45	Water off	0	00:01:00	00:00:00
Start	Finish	Thursday 25 September	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:00	06:15	Water on and level stabilized	1	00:15:00	00:15:00
06:15	07:00	CSL - Training Forerunners	1	00:45:00	00:45:00
07:00	16:00	CSL - Training slots (9 NF groups)	9	01:00:00	09:00:00
16:00	16:30	Kayak Cross Course Construction	1	00:30:00	00:30:00
16:30	18:00	Kayak Cross - Training slots with some gates - 2 groups *45mins	2	00:45:00	01:30:00
18:00	18:00	Water off	1	00:00:00	00:00:00
Start	Finish	Friday 26 September	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
05:45	06:00	Water on and level stabilized	1	00:15:00	00:15:00
06:00	07:30	Kayak Cross - Training slots with some gates - 2 groups *45mins	2	00:45:00	01:30:00
07:30	08:00	CSL Course Construction	1	00:30:00	00:30:00
08:00	17:00	CSL - Training slots (9 NF groups)	9	01:00:00	09:00:00
17:00	17:45	CSL - Training Forerunners and gate setting	1	00:45:00	00:45:00
17:45	17:45	Water off	0	00:01:00	00:00:00
Start	Finish	Saturday 27 September	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:00	06:15	Water on and level stabilized	1	00:15:00	00:15:00
06:15	07:00	CSL - Training Forerunners	1	00:45:00	00:45:00
07:00	13:45	CSL - Training slots (9 NF groups)	9	00:45:00	06:45:00
		Kayak Cross Course Construction			00:30:00
14:15	17:15	Kayak Cross - Training slots with some gates - 4 groups *45mins	4	00:45:00	03:00:00
17:15	18:00	CSL gate setting	45	00:01:00	00:45:00
18:00	18:00	Water off	1	00:00:00	00:00:00
TEAM LEADERS MEETING					
18:00	19:30	Team Leader Meeting	1	01:30:00	01:30:00

Start	Finish	Sunday 28 September	Number of Slots	Interval	Elapsed Time
OFFICIAL TRAINING					
06:00	06:15	Water on and level stabilized	1	00:15:00	00:15:00
06:15	07:00	CSL - Training Forerunners	1	00:45:00	00:45:00
07:00	13:45	CSL - Training slots (9 NF groups)	9	00:45:00	06:45:00
1ST ITOs MEETING					
14:00	15:00	1st ITOs Meeting	1	01:00:00	01:00:00
CANOE SLALOM - Course Construction & Demonstration					
13:45	15:15	Course construction and course setting	1	01:30:00	01:30:00
15:15	16:15	Heats - Course tuning with demonstration runners	1	01:00:00	01:00:00
16:15	16:20	Interval & Teams Feedback regarding course	1	00:05:00	00:05:00
16:20	16:25	Heats - Course approval	1	00:05:00	00:05:00
		Interval			00:10:00
16:35	16:51	Heats - full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			00:09:00
17:00	17:16	Teams - full length demo run & rehearsal	8	00:02:00	00:16:00
18:00	18:00	Water off	1	00:00:00	00:00:00

Start	Finish	Monday 29 September	Number of Boats	Interval	Elapsed Time
KAYAK CROSS - Training					
07:00	08:30	Kayak Cross - Course Setting	1	01:30:00	01:30:00
08:30	09:00	Kayak Cross - Training slots - Forerunners	1	00:30:00	00:30:00
09:00	12:00	Kayak Cross - Training slots - 4 groups (Men first / Women after)	4	00:45:00	03:00:00
		Interval			01:05:00
KAYAK CROSS - Individual					
13:05	13:09	Kayak Cross - Individual Forerunners & Rehearsal (TT)	4	00:01:00	00:04:00
		Interval			00:11:00
13:20	14:40	Men's Kayak Cross Individual (TT)	80	00:01:00	01:20:00
		Interval			00:15:00
14:55	15:55	Women's Kayak Cross Individual (TT)	60	00:01:00	01:00:00
		Interval			00:10:00
KAYAK CROSS - Individual - Medals Ceremonies					
16:05	16:10	Men's Kayak Cross Individual - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:05:00
16:15	16:20	Women's Kayak Cross Individual - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:10:00
OPENING CEREMONY					
16:30	18:00	Opening Ceremony	1	01:30:00	01:30:00
16:30	16:30	Water off	1	00:00:00	00:00:00

Start	Finish	Tuesday 30 September	Number of Boats	Interval	Elapsed Time
06:00	06:15	Water on and level stabilized	1	00:15:00	00:15:00
06:15	07:45	Heats - Course construction and course setting	1	01:30:00	01:30:00
07:45	08:30	Gate regulation	1	00:45:00	00:45:00
		Interval			01:15:00
CANOE SLALOM - CANOE - Forerunners					
09:45	09:51	Forerunners	4	00:01:30	00:06:00
		Interval			00:09:00
CANOE SLALOM - CANOE - Heats run 1					
10:00	11:38	Men's Canoe - Heats run 1	65	00:01:30	01:37:30
		Interval			00:04:00
11:42	13:05	Women's Canoe - Heats run 1	55	00:01:30	01:22:30
		Interval & Lunch Break			01:25:00
CANOE SLALOM - CANOE - Teams Final					
14:30	14:35	Forerunners Teams	2	00:02:30	00:05:00
		Interval			00:10:00
14:45	15:15	Men's Canoe Teams	12	00:02:30	00:30:00
		Interval			00:05:00
15:20	15:45	Women's Canoe Teams	10	00:02:30	00:25:00
		Interval			00:15:00
CANOE SLALOM - CANOE - Teams Events - Medals Ceremonies					
16:00	16:07	Men's Canoe Teams - Medals Ceremony	1	00:07:00	00:07:00
		Interval			00:03:00
16:10	16:17	Women's Canoe Teams - Medals Ceremony	1	00:07:00	00:07:00
		Interval			00:13:00
16:30	16:30	Water OFF	1	00:00:00	00:00:00

Start	Finish	Wednesday 01 October	Number of Boats	Interval	Elapsed Time
06:45	07:00	Water on and level stabilized	1	00:15:00	00:15:00
07:00	07:45	Gate regulation	00:00:00	00:45:00	00:45:00
		Interval			01:10:00
CANOE SLALOM - KAYAK - Forerunners					
08:55	09:01	Forerunners	4	00:01:30	00:06:00
		Interval			00:09:00
CANOE SLALOM - KAYAK - Heats run 1					
09:10	10:48	Women's Kayak - Heats run 1	65	00:01:30	01:37:30
		Interval			00:07:00
10:55	13:03	Men's Kayak - Heats run 1	85	00:01:30	02:07:30
		Interval			01:07:00
CANOE SLALOM - KAYAK - Teams Final					
14:10	14:15	Forerunners Teams	2	00:02:30	00:05:00
		Interval			00:10:00
14:25	14:55	Women's Kayak Teams	12	00:02:30	00:30:00
		Interval			00:05:00
15:00	15:50	Men's Kayak Teams	20	00:02:30	00:50:00
		Interval			00:10:00
CANOE SLALOM - KAYAK - Teams Events - Medal Ceremonies					
16:00	16:07	Women's Kayak Teams - Medal Ceremony	1	00:07:00	00:07:00
		Interval			00:03:00
16:10	16:17	Men's Kayak Teams - Medal Ceremony	1	00:07:00	00:07:00
		Interval			00:05:00
CANOE SLALOM - Semi / Finals Course construction					
16:00	16:30	Course construction and course setting	1	00:30:00	00:30:00
16:30	17:00	Semi & Finals - Course tuning with demonstration runners	1	00:30:00	00:30:00
17:00	17:05	Interval & Teams Feedback regarding course	1	00:05:00	00:05:00
17:05	17:10	Semi & Finals - Course approval	1	00:05:00	00:05:00
		Interval			00:10:00
17:20	17:36	Semi & Finals - full length demo run & rehearsal	8	00:02:00	00:16:00
17:36	17:36	Water OFF	1	00:00:00	00:00:00

Start	Finish	Thursday 02 October	Number of Boats	Interval	Elapsed Time
08:15	08:30	Water on and level stabilized	1	00:15:00	00:15:00
08:30	09:10	Gate regulation	1	00:40:00	00:40:00
		Interval			01:05:00
CANOE SLALOM - CANOE - Forerunners					
10:15	10:23	Forerunners	4	00:02:00	00:08:00
		Interval			00:37:00
CANOE SLALOM - CANOE - Semi finals					
10:30	10:33	International TV feed ON	1	00:03:00	00:03:00
10:33	11:33	Men's Canoe - Semi final	30	00:02:00	01:00:00
		Interval			00:05:00
11:38	12:38	Women's Canoe - Semi final	30	00:02:00	01:00:00
12:38	12:40	International TV feed OFF	1	00:02:00	00:02:00
		Interval			01:50:00
CANOE SLALOM - CANOE - Finals & Medals Ceremonies					
14:30	14:33	International TV feed ON	1	00:03:00	00:03:00
14:33	15:11	Men's Canoe - Final (2 minutes break after the 6th)	12	00:03:00	00:38:00
		Interval			00:05:00
15:16	15:54	Women's Canoe - Final (2 minutes break after the 6th)	12	00:03:00	00:38:00
15:54	15:57	International TV feed OFF	1	00:03:00	00:03:00
		Interval			00:08:00
16:05	16:11	Men's Canoe - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:04:00
16:15	16:19	Women's Canoe - Medals ceremony	1	00:04:00	00:04:00
		Interval			00:05:00

Start	Finish	Friday 03 October	Number of Boats	Interval	Elapsed Time
08:15	08:30	Water on and level stabilized	1	00:15:00	00:15:00
08:30	09:10	Gate regulation	40	00:01:00	00:40:00
		Interval			01:05:00
CANOE SLALOM - KAYAK - Forerunners					
10:15	10:23	Forerunners	4	00:02:00	00:08:00
		Interval			00:37:00
CANOE SLALOM - KAYAK - Semi finals					
10:30	10:33	International TV feed ON	1	00:03:00	00:03:00
10:33	11:33	Women's Kayak Semi final	30	00:02:00	01:00:00
		Interval			00:05:00
11:38	12:38	Men's Kayak Semifinal	30	00:02:00	01:00:00
12:38	12:40	International TV feed OFF	1	00:02:00	00:02:00
		Interval			01:50:00
CANOE SLALOM - KAYAK - Finals & Medals Ceremonies					
14:30	14:33	International TV feed ON	1	00:03:00	00:03:00
14:33	15:11	Women's Kayak Final (2 minutes break after the 6th)	12	00:03:00	00:38:00
		Interval			00:05:00
15:16	15:54	Men's Kayak Final (2 minutes break after the 6th)	12	00:03:00	00:38:00
15:54	15:57	International TV feed OFF	1	00:03:00	00:03:00
		Interval			00:08:00
16:05	16:11	Women's Kayak - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:04:00
16:15	16:19	Men's Kayak - Medals ceremony	1	00:04:00	00:04:00
KAYAK CROSS - Course setting and rehearsal					
16:00	17:30	Kayak Cross - Course Setting	1	01:30:00	01:30:00
17:30	17:45	Kayak Cross Rehearsal	1	00:15:00	00:15:00
17:45	19:15	Kayak Cross - Training 2 groups	2	00:45:00	01:30:00
19:15	19:15	Water off	0	00:00:00	00:00:00

Start	Finish	Saturday 04 October	Number of Boats	Interval	Elapsed Time
08:45	09:00	Water on and level stabilized	1	00:15:00	00:15:00
09:00	09:15	Gate check	1	00:15:00	00:15:00
		Interval			01:00:00
KAYAK CROSS - Forerunners					
10:15	10:18	Kayak Cross - Forerunners (4 boats)	1	00:03:00	00:03:00
		Interval			00:12:00
KAYAK CROSS - Repechage					
10:30	11:03	Men's Kayak Cross - Round 1 (9 * 4, 2*3 Athletes)	11	00:03:00	00:33:00
		Interval			00:03:00
11:06	11:39	Women's Kayak Cross - Round 1 (9 * 4, 2*3 Athletes)	11	00:03:00	00:33:00
		interval			00:08:00
11:47	12:02	Men's Kayak Cross - Repechage (5 * 4 Athletes)	5	00:03:00	00:15:00
		Interval			00:05:00
12:07	12:22	Women's Kayak Cross - Repechage (5 * 4 Athletes)	5	00:03:00	00:15:00
		Interval			00:23:00
KAYAK CROSS - Heats					
12:45	12:48	Kayak Cross - Forerunners (4 boats)	1	00:03:00	00:03:00
		Interval			00:12:00
13:00	13:24	Women's Kayak Cross - Heats	8	00:03:00	00:24:00
		Interval			00:06:00
13:30	13:54	Men's Kayak Cross - Heats	8	00:03:00	00:24:00
		Interval			00:46:00
KAYAK CROSS - Finals					
14:40	14:43	International TV feed ON	1	00:03:00	00:03:00
14:43	15:01	Women's Kayak Cross - Quarterfinal	4	00:04:30	00:18:00
15:01	15:19	Men's Kayak Cross - Quarterfinal	4	00:04:30	00:18:00
		Interval			00:02:00
15:21	15:30	Women's Kayak Cross - Semi final	2	00:04:30	00:09:00
15:30	15:39	Men's Kayak Cross - Semi final	2	00:04:30	00:09:00
		Interval			00:05:00
15:44	15:48	Women's Kayak Cross - Final B	1	00:04:30	00:04:30
15:48	15:53	Men's Kayak Cross - Final B	1	00:04:30	00:04:30
		Interval			00:02:00
15:55	15:59	Women's Kayak Cross - Final	1	00:04:30	00:04:30
		Interval			00:02:00
16:01	16:06	Men's Kayak Cross - Final	1	00:04:30	00:04:30
		Interval			00:05:00
16:11	16:11	International TV feed OFF	0	00:02:00	00:00:00
		Interval			00:08:00
KAYAK CROSS - Medal ceremonies					
16:19	16:25	Women's Kayak Cross - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:04:00
16:29	16:35	Men's Kayak Cross - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:04:00
CLOSING CEREMONY					
16:39	16:45	CSL Nation Cups & Closing ceremony	1	00:06:00	00:06:00
		Interval			00:04:00
16:49	16:49	Water off	1	00:00:00	00:00:00