

Start	Finish	Thursday 27 June 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
OFFICIAL TRAINING					
07:00:00	17:00:00	CSL - Training sessions	12	00:50:00	10:00:00
		Interval			00:30:00
17:30:00	20:30:00	CSLX - Training sessions	4	00:45:00	03:00:00
20:30:00	20:35:00	Water off	1	00:05:00	00:05:00
Start	Finish	Friday 28 June 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
OFFICIAL TRAINING					
07:00:00	17:00:00	CSL - Training sessions	12	00:50:00	10:00:00
		Interval			00:30:00
17:30:00	20:30:00	CSLX - Training sessions	4	00:45:00	03:00:00
20:30:00	20:35:00	Water off	1	00:05:00	00:05:00
Start	Finish	Saturday 29 June 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
OFFICIAL TRAINING					
07:00:00	17:00:00	CSL - Training sessions	12	00:50:00	10:00:00
		Interval			00:30:00
17:30:00	20:30:00	CSLX - Training sessions	4	00:45:00	03:00:00
20:30:00	20:35:00	Water off	1	00:05:00	00:05:00
TEAM LEADERS MEETING					
20:40:00	22:00:00	CSL - Team Leaders Meeting	1	01:20:00	01:20:00
Start	Finish	Sunday 30 June 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
OFFICIAL TRAINING					
07:00:00	18:00:00	CSL - Training sessions	12	00:55:00	11:00:00
18:00:00	18:05:00	Water off	1	00:05:00	00:05:00
OPENING CEREMONY					
18:30:00	19:30:00	Opening ceremony	1	01:00:00	01:00:00
Start	Finish	Monday 01 July 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
OFFICIAL TRAINING					
07:00:00	15:00:00	CSL - Training sessions	12	00:40:00	08:00:00
ITO MEETING					
14:30:00	15:30:00	First ITO Meeting	1	01:00:00	01:00:00
TVS MEETING					
15:30:00	16:15:00	TVS briefing - NF Tent Area	1	00:45:00	00:45:00
TEAM EVENTS COURSE CONSTRUCTION					
15:30:00	17:30:00	Course construction	1	02:00:00	02:00:00
16:30:00	17:30:00	Course Tuning with demonstration runners	1	01:00:00	01:00:00
17:30:00	17:40:00	Course review with technical manager	1	00:10:00	00:10:00
17:40:00	17:50:00	Course approval	1	00:10:00	00:10:00
		Interval			00:25:00
18:15:00	18:31:00	Full length demo run & rehearsal	4	00:02:00	00:16:00
		Interval			00:44:00
19:15:00	19:15:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	Tuesday 02 July 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
TEAM EVENTS - GROUP 1					
09:00:00	09:02:30	Forerunners	1	00:02:30	00:02:30
		Interval			00:12:30
09:15:00	09:47:30	WK1 U23 Teams	13	00:02:30	00:32:30
		Interval			00:05:30
09:53:00	10:23:00	WK1 JUN Teams	12	00:02:30	00:30:00
		Interval			00:05:00
10:28:00	11:38:00	MK1 U23 Teams	28	00:02:30	01:10:00
		Interval			00:05:00
11:43:00	12:30:30	MK1 JUN Teams	19	00:02:30	00:47:30
		Interval			01:14:30
TEAM EVENTS - GROUP 2					
13:45:00	13:47:30	Forerunners	1	00:02:30	00:02:30
		Interval			00:12:30
14:00:00	14:37:30	MC1 U23 Teams	15	00:02:30	00:37:30
		Interval			00:05:30
14:43:00	15:10:30	MC1 JUN Teams	11	00:02:30	00:27:30
		Interval			00:06:00
15:16:30	15:44:00	WC1 U23 Teams	11	00:02:30	00:27:30
		Interval			00:05:30
15:49:30	16:09:30	WC1 JUN Teams	8	00:02:30	00:20:00
		Interval			00:20:30
TEAM EVENTS - MEDALS CEREMONIES					
16:30:00	16:36:00	WK1 U23 Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:37:00	16:43:00	WK1 JUN Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:44:00	16:50:00	MK1 U23 Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:51:00	16:57:00	MK1 JUN Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:58:00	17:04:00	MC1 U23 Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
17:05:00	17:11:00	MC1 JUN Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
17:12:00	17:18:00	WC1 U23 Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
17:19:00	17:25:00	WC1 JUN Teams - Medals ceremony	1	00:06:00	00:06:00
HEATS COURSE CONSTRUCTION					
16:30:00	18:30:00	Course construction	1	02:00:00	02:00:00
17:30:00	18:30:00	Course Tuning with demonstration runners	1	01:00:00	01:00:00
18:30:00	18:40:00	Course review with technical manager	1	00:10:00	00:10:00
18:40:00	18:50:00	Course approval	1	00:10:00	00:10:00
		Interval			00:25:00
19:15:00	19:31:00	Full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			00:44:00
20:15:00	20:15:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	Wednesday 03 July 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
HEATS - GROUP 1 - WK1 & MK1 - U23					
09:00:00	09:04:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
09:15:00	10:39:00	MK1 U23 - 1st Run	84	00:01:00	01:24:00
		Interval			00:06:00
10:45:00	11:39:00	WK1 U23 - 1st Run	54	00:01:00	00:54:00
		Interval			00:14:00
11:53:00	12:47:00	MK1 U23 - 2nd Run	54	00:01:00	00:54:00
		Interval			00:05:00
12:52:00	13:26:00	WK1 U23 - 2nd Run	34	00:01:00	00:34:00
		Interval			01:19:00
HEATS - GROUP 2 - MC1 & WC1- U23					
14:45:00	14:49:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
15:00:00	15:49:00	MC1 U23 - 1st Run	49	00:01:00	00:49:00
		Interval			00:05:00
15:54:00	16:34:00	WC1 U23 - 1st Run	40	00:01:00	00:40:00
		Interval			00:15:00
16:49:00	17:18:00	MC1 U23 - 2nd Run	29	00:01:00	00:29:00
		Interval			00:05:00
17:23:00	17:43:00	WC1 U23 - 2nd Run	20	00:01:00	00:20:00
		Interval			00:47:00
OFFICIAL TRAINING					
18:30:00	20:30:00	CSL - Training sessions - Top half course	2	01:00:00	02:00:00
20:30:00	20:30:00	WATER OFF	1	00:05:00	00:05:00
Start	Finish	Thursday 04 July 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
HEATS - GROUP 3 - WK1 & MK1 - JUNIOR					
08:30:00	08:34:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
08:45:00	10:05:00	MK1 Junior - 1st Run	79	00:01:00	01:19:00
		Interval			00:05:00
10:10:00	11:00:00	WK1 Junior - 1st Run	50	00:01:00	00:50:00
		Interval			00:14:00
11:14:00	12:04:00	MK1 Junior - 2nd Run	49	00:01:00	00:49:00
		Interval			00:05:00
12:09:00	12:39:00	WK1 Junior - 2nd Run	30	00:01:00	00:30:00
		Interval			01:06:00
HEATS - GROUP 4 - MC1 & WC1 JUNIOR					
13:45:00	13:49:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
14:00:00	14:50:00	MC1 Jun - 1st Run	50	00:01:00	00:50:00
		Interval			00:05:00
14:56:00	15:31:00	WC1 Junior - 1st Run	34	00:01:00	00:34:00
		Interval			00:15:00
15:46:00	16:16:00	MC1 Junior - 2nd Run	30	00:01:00	00:30:00
		Interval			00:05:00
16:21:00	16:36:00	WC1 Junior - 2nd Run	14	00:01:00	00:14:00
		Interval			00:09:00
SEMI FINAL & FINAL COURSE MODIFICATION					
16:45:00	18:15:00	Course construction	1	01:30:00	01:30:00
17:15:00	18:15:00	Course Tuning with demonstration runners	1	01:00:00	01:00:00
18:15:00	18:25:00	Course review with technical manager	1	00:10:00	00:10:00
18:25:00	18:35:00	Course approval	1	00:10:00	00:10:00
		Interval			00:25:00
19:00:00	19:16:00	Full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			00:44:00
20:00:00	20:00:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	Friday 05 July 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
SEMI FINAL & FINAL - U23 - GROUP 1					
08:45:00	08:51:00	Forerunners	4	00:01:30	00:06:00
		Interval			00:09:00
09:00:00	10:00:00	MK1 U23 - Semi-final	40	00:01:30	01:00:00
		Interval			00:05:00
10:05:00	10:50:00	WK1 U23 - Semi-final	30	00:01:30	00:45:00
		Interval			00:45:00
11:35:00	11:55:00	MK1 U23 Final	10	00:02:00	00:20:00
		Interval			00:05:00
12:00:00	12:20:00	WK1 U23 Final	10	00:02:00	00:20:00
		Interval			00:10:00
MEDALS CEREMONIES - U23 - GROUP 1					
12:30:00	12:35:00	MK1 U23 - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
12:36:00	12:41:00	WK1 U23 - Medals ceremony	1	00:05:00	00:05:00
		Interval			01:04:00
SEMI FINAL & FINAL - JUNIOR - GROUP 1					
13:45:00	13:51:00	Forerunners	4	00:01:30	00:06:00
		Interval			00:09:00
14:00:00	14:45:00	MC1 Junior - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
14:50:00	15:35:00	WC1 Junior - Semi-final	30	00:01:30	00:45:00
		Interval			00:45:00
16:20:00	16:40:00	MC1 Junior Final	10	00:02:00	00:20:00
		Interval			00:02:00
16:42:00	17:02:00	WC1 Junior Final	10	00:02:00	00:20:00
		Interval			00:08:00
KAYAK CROSS COURSE CONSTRUCTION					
14:00:00	19:00:00	KAYAK CROSS - Course construction & setting	1	05:00:00	05:00:00
MEDALS CEREMONIES - JUNIOR - GROUP 1					
17:10:00	17:15:00	MC1 Junior - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
17:16:00	17:21:00	WC1 Junior - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:24:00
OFFICIAL TRAINING					
17:45:00	19:45:00	CSL - Training sessions - Top half course	2	01:00:00	02:00:00
TEAM LEADERS RECEPTION					
19:30:00	21:00:00	CSL - Team Leaders Reception	1	01:30:00	01:30:00
19:45:00	19:45:00	Water OFF	1	00:00:00	00:00:00
Start	Finish	Saturday 06 July 2024	Number of Slots	Interval	Elapsed Time
06:30:00	06:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
14:00:00					
08:15:00	08:21:00	Forerunners	4	00:01:30	00:06:00
		Interval			00:09:00
08:30:00	09:15:00	MC1 U23 - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
09:20:00	10:05:00	WC1 U23 - Semi-final	30	00:01:30	00:45:00
		Interval			00:45:00
10:50:00	11:10:00	MC1 U23 Final	10	00:02:00	00:20:00
		Interval			00:05:00
11:15:00	11:35:00	WC1 U23 Final	10	00:02:00	00:20:00
		Interval			00:20:00
MEDALS CEREMONIES - U23 - GROUP 2					
11:55:00	12:00:00	MC1 U23 - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
12:01:00	12:06:00	WC1 U23 - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:39:00
SEMI FINAL & FINAL - JUNIOR - GROUP 2					
12:45:00	12:51:00	Forerunners	4	00:01:30	00:06:00
		Interval			00:09:00
13:00:00	14:00:00	MK1 Jun - Semi-final	40	00:01:30	01:00:00
		Interval			00:05:00
14:05:00	14:50:00	WK1 Jun - Semi-final	30	00:01:30	00:45:00
		Interval			00:45:00
15:35:00	15:55:00	MK1 Jun Final	10	00:02:00	00:20:00
		Interval			00:05:00
16:00:00	16:20:00	WK1 Jun Final	10	00:02:00	00:20:00
		Interval			00:20:00
MEDALS CEREMONIES - JUNIOR - GROUP 2					
16:40:00	16:45:00	MK1 Jun - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
16:46:00	16:51:00	WK1 Jun - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:09:00
KAYAK CROSS COURSE CONSTRUCTION					
16:30:00	17:00:00	KAYAK CROSS - Course construction & setting	1	00:30:00	00:30:00
OFFICIAL TRAINING					
17:00:00	20:00:00	KAYAK CROSS Official training	4	00:45:00	03:00:00
20:00:00	20:30:00	Full length demo run & rehearsal	1	00:30:00	00:30:00
20:30:00	20:30:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	Sunday 07 July 2024	Number of Slots	Interval	Elapsed Time
07:00:00	07:20:00	Water on / water level stabilized	1	00:20:00	00:20:00
		Interval			01:10:00
KAYAK CROSS - TIME TRIALS					
08:15:00	08:17:40	Forerunners	4	00:00:40	00:02:40
		Interval			00:06:00
08:30:00	09:04:00	Women's Kayak Cross - Junior - Time Trials	51	00:00:40	00:34:00
		Interval			00:04:40
09:26:00	10:23:20	Men's Kayak Cross - Junior - Time Trials	86	00:00:40	00:57:20
		Interval			00:05:40
10:29:00	11:02:20	Women's Kayak Cross - U23 - Time Trials	50	00:00:40	00:33:20
		Interval			00:05:40
11:08:00	12:04:00	Men's Kayak Cross - U23 - Time Trials	84	00:00:40	00:56:00
		Interval			01:11:00
KAYAK CROSS JUNIOR - ELIMINATION					
13:15:00	13:21:00	Forerunners	2	00:03:00	00:06:00
		Interval			00:09:00
13:30:00	13:54:00	Women's Kayak Cross - Junior - Heats	8	00:03:00	00:24:00
13:54:00	14:18:00	Men's Kayak Cross - Junior - Heats	8	00:03:00	00:24:00
		Interval			00:02:00
14:20:00	14:32:00	Women's Kayak Cross - Junior - 1/4 Final	4	00:03:00	00:12:00
14:32:00	14:44:00	Men's Kayak Cross - Junior - 1/4 Final	4	00:03:00	00:12:00
		Interval			00:02:00
14:46:00	14:52:00	Women's Kayak Cross - Junior - 1/2 Final	2	00:03:00	00:06:00
14:52:00	14:58:00	Men's Kayak Cross - Junior - 1/2 Final	2	00:03:00	00:06:00
		Interval			00:06:00
15:04:00	15:07:00	Women's Kayak Cross - Junior - Final	1	00:03:00	00:03:00
		Interval			00:03:00
15:10:00	15:13:00	Men's Kayak Cross - Junior - Final	1	00:03:00	00:03:00
		Interval			00:17:00
KAYAK CROSS U23 - ELIMINATION					
15:30:00	15:54:00	Women's Kayak Cross - U23 - Heats	8	00:03:00	00:24:00
15:54:00	16:18:00	Men's Kayak Cross - U23 - Heats	8	00:03:00	00:24:00
		Interval			00:02:00
16:20:00	16:32:00	Women's Kayak Cross - U23 - 1/4 Final	4	00:03:00	00:12:00
16:32:00	16:44:00	Men's Kayak Cross - U23 - 1/4 Final	4	00:03:00	00:12:00
		Interval			00:02:00
16:46:00	16:52:00	Women's Kayak Cross - U23 - 1/2 Final	2	00:03:00	00:06:00
16:52:00	16:58:00	Men's Kayak Cross - U23 - 1/2 Final	2	00:03:00	00:06:00
		Interval			00:06:00
17:04:00	17:07:00	Women's Kayak Cross - U23 - Final	1	00:03:00	00:03:00
		Interval			00:03:00
17:10:00	17:13:00	Men's Kayak Cross - U23 - Final	1	00:03:00	00:03:00
		Interval			00:17:00
MEDALS CEREMONIES - KAYAK CROSS & CLOSING CEREMONY					
17:30:00	17:35:00	Women's Kayak Cross-Junior - medals presentation	1	00:05:00	00:05:00
		Interval			00:01:00
17:36:00	17:41:00	Men's Kayak Cross-Junior - medals presentation	1	00:05:00	00:05:00
		Interval			00:01:00
17:42:00	17:47:00	Women's Kayak Cross-U23 - medals presentation	1	00:05:00	00:05:00
		Interval			00:01:00
17:48:00	17:53:00	Men's Kayak Cross-U23 - medals presentation	1	00:05:00	00:05:00
		Interval			00:01:00
17:54:00	17:57:00	NATIONS CUP & CLOSING CEREMONY	1	00:03:00	00:03:00
18:15:00	18:15:00	Water OFF	1	00:00:00	00:00:00