

**Dear Canoe Sprint Family,**

As the 2024 season is about to start shortly, we would like to give you some updates about the discipline and this year's competitions:

1. Please find the amended preliminary timetable for the Canoe Sprint Junior & U23 World Championships (with C4 finals rescheduled) [here](#).
2. Please find the amended preliminary timetable for the Canoe Sprint World Cup Szeged (with Sunday finals shifted 30 minutes earlier) [here](#).
3. 5000m races throughout the season (Szeged, Poznan and Samarkand) will be run in the same format as in 2023: with 6 laps and 5 portages.
4. Please find the bulletin of the Canoe Sprint World Cup Poznan [here](#).
5. Please find the preliminary timetable of the Canoe Sprint Masters World Championships (Plovdiv) [here](#).
6. The 8-lane progression and lane allocation tables in the appendix of the Canoe Sprint Rules have been updated/introduced (page 105-111). Please find it [here](#).
7. Please find attached the letter about the rule change proposals, please consider this opportunity to share your valuable opinion on how to improve our sport so we can be fit for future.
8. Please find the bulletin of the Canoe Sprint World Championships (Samarkand) [here](#).
9. We would like to ask you to send us your estimated team size for the World Championships (Samarkand) along with your intent to rent boats in Uzbekistan. For simplicity you can do so in response to this email. We are also interested if you don't plan to send a team, so please share! The deadline is January 29th (Monday). Please find the preliminary timetable [here](#).

Please contact the CSP committee members and the ICF HQ for any inquiry regarding information published in this newsletter.

Best regards,  
ICF Team